

# Ruth Olmsted

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## Address

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## Teams

Pokingbrook Morris (Albany NY) (current women's fore, former long-term squire and sometime bag)

## Traditions

Cotswold: Fieldtown, Bampton, Ducklington, Lichfield, Beverwyck, Wheaton Under Glenmont, and smatterings of Bledington, Bucknell, Sherborne. Distant muscle memories of Headington, Hinton, Oddington Border: Assorted Sword: Kirkby Malzeard, Ampleforth misc. others if pushed Rapper: Reduced to workshop status by lack of use Abbots Bromley

## Morris instruments

Pennywhistle Pipe and tabor Fiddle

## Beasts and fools

Not usually

## Beer preference

Dark English ale – something that comes close to Newman's Albany Amber

## Anything else that needs to be said

If you learned morris dancing in the 1970s and early 80s, in Ohio or Iowa through Girl Scouts or college, you may have learned it from me!

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